

WEEKLY MENU 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast
Morning Tea	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter
Lunch	Sandwich Selection Ham, Cheese, Cucumber, Tomato, Chicken, Lettuce	Chicken Royale Chicken, celery, carrot, zucchini, broccoli, creamy chicken soup, rie	Crumbed Fish with Alien Pasta (Basa fillets, breadcrumbs, basil, olive oil, garlic, fresh pasta)	Pasta Bolognese Mince, ginger, garli, celery, onion, carrot, zucchini, pasta sauce, spiral pasta	Sausages & Mash & Vege (chicken sausages, potatoes, peas, carrots, gravy)
Afternoon Tea	Raisin Bread	Corn flake cookies	Avocado Dip with Rice Crackers, Sultanas, Carrot and Cucumber Sticks, dried fruit, ham and chicken meat.	Apple & Cinnamon Muffin	Pikelets with Butter, Strawberry Jam
Late Snack	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese

- Babies have freshly cooked Vegetables daily – Potato, Pumpkin, Broccoli, Zucchini, Carrot
- Milk is served to children at Morning Tea & Afternoon Tea
- Vegetarian alternative meals available each day

WEEKLY MENU 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast
Morning Tea	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter
Lunch	Fried Rice (Ham, peas, corn, capsicum, onion, grated zucchini, bacon, grated carrot & brown rice)	Beef Goulash and roast potatoes Diced beef, carrot, zucchini, celery, broccoli, tinned tomatoes, gravy	Chicken Curry with Cous Cous (chicken breasts, curry powder, Broccoli, corn, sultanas, peas, grated carrot & zucchini)	Chow Mein With Noodles (beef, curry powder, onion, garlic, carrot, cabbage, carrot, corn)	Tuna & roast vegetable pasta & garlic bread (Tuna, potatoes, sweet potato, pumpkin, zucchini, garlic bread)
Afternoon Tea	Spring Onion Dip with ritz crackers, celery, carrot cucumber and capsicum sticks	Bananas dipped in yoghurt and rice bubbles	Pikelets with Butter, Strawberries, Jam and Honey	Frozen Yoghurt	Corn thins with spreads and cheese slices
Late Snack	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese

- Babies have freshly cooked vegetables daily – Potato, Pumpkin, Carrot, Broccoli, Zucchini
- Milk is served to children at Morning Tea & Afternoon Tea
- Vegetarian alternative meals available each day

WEEKLY MENU 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast
Morning Tea	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter	Fresh fruit platter
Lunch	Sausages & Mash (Beef Sausages with Mashed Potato, peas & Gravy)	Lamb Mince Curry with rice Diced lamb, curry powder, Broccoli, corn, peas, grated carrot & zucchini, onion, garlic, and wholemeal pasta)	Sweet chilli chicken stirfry with noodles (Sweet Chilli sauce, chicken breasts, brown rice, peas, corn, broccoli, grated carrot, capsicum & zucchini)	Loaded Potatoes (Boiled potatoes with coleslaw, bacon & bolognaise & cheese)	Sandwich Selection Ham, Cheese, Cucumber, Tomato, Chicken, Lettuce
Afternoon Tea	Fairy Bread	Ham, Cheese and pineapple pizza muffins	Pumpkin Scones	Berry Cones and banana smoothies	Nibble Platter Sultanas, dried apricots, dried apples, cheese cubes, sliced ham, sliced chicken loaf, small rice crackers
Late Snack	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese

- Babies have freshly cooked vegetables daily – Potato, pumpkin, carrot, zucchini, broccoli
- Milk is served to children at Morning Tea & Afternoon Tea
- Vegetarian alternative meals available each day

WEEKLY MENU 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast	Weet-Bix, Rice Bubbles, Corn Flakes, Wholemeal toast
Morning Tea	Fresh fruit platter	Fresh fruit platter and raisin toast	Fresh fruit platter	Fresh Fruit and Yoghurt	Fresh Fruit and Yoghurt
Lunch	Italian Pasta with Bacon Carrot, zucchini, celery, baon pieces, baked beans & pasta	Pasta Bolognese Mince, ginger, garli, celery, onion, carrot, zucchini, pasta sauce, spiral pasta	Beef Burrito Wraps (beef mince, taco seasoning, lettuce, diced tomato, cheese, black beans, sour cream)	Chicken Carbonara Pasta (cauliflower, celery, chicken, bacon, onion, garlic, pasta)	Chicken Burgers (Chicken mince, lettuce, cheese, tomato, mayonnaise & bread rolls)
Afternoon Tea	Grazing platter Sultanas, banana chips, crasins, pretzels, fresh apple and pear	Frozen Yogurt	Fruit Kebabs	Rice cakes and cream cheese and carrot and cucumber	Raisin Bread
Late Snack	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese	Wholemeal Crackers and Cheese

- Babies have freshly cooked vegetables daily – Potato, pumpkin, zucchini, broccoli, carrot
- Milk is served to children at Morning Tea & Afternoon Tea
- Vegetarian alternative meals available each day